

# Car Seat Stats Cheat-Sheet

Often, we install the car-seat perfectly, then forget to make necessary adjustments as our child grows - which makes our car seats unsafe. So, use this list to help you keep track of that (*because it's a lot to remember!*) to keep baby safer and give you peace of mind.

## A FEW DETAILS:

- **FILLING THIS OUT:** You'll need the manual (either hard copy or download it online if you can't find it). + car seat. That means it's **BEST** to fill this out before you've installed the seat, because once you've installed it, it can be tough to see some of this info. But it's ok if you're doing it retro-actively! It will still make your life easier – and baby safer!
- **WRITE IN YOUR OWN SEAT'S INFO:** in the right column, I've typed in italics some typical rules of thumb. **HOWEVER** – all seats are different, so for each of these, check your manual to make sure what your seat says– and either put a check if it's the same, or cross out the text and write what the manual says. (And when there is conflict, always defer to your car seat manual!)
- **POST IT!** Post this somewhere that you can check it every few months.
- **ONE PER CHILD:** If you have more than one child, or more than one car seat, print out one per different kind of seat.

## CONTENTS:

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- Page 3: Rear-facing Seat
- Page 4: Forward-facing Seat

INFANT SEAT	
Make/Model	
Serial # (or take a pic and note here date you took the pic, to help you register)	
SEAT-SPECIFIC STATS	
When to move shoulder straps to a higher slot: <i>Straps should be at or just below baby's shoulders.</i>	
When to change recline / angle position: <i>Based on size of child and seat instructions</i>	
When to graduate from infant seat: <i>**For most infant seats with a weight limit of 30 pounds or more, baby will reach "Head height Limit" first.</i>	
<ul style="list-style-type: none"> <li>• Weight limit:</li> </ul>	
<ul style="list-style-type: none"> <li>• Height limit:</li> </ul>	
<ul style="list-style-type: none"> <li>• Head height limit: <i>Typically, when head is &lt;1 inch from top of seat when buckled.</i></li> </ul>	
How are you supposed to clean the car seat?	
Any other details (while it's still fresh in your mind?)	

# REAR-FACING SEAT

Make/Model	
Serial # (or take a pic and note here date you took the pic, to help you register)	
<b>SEAT-SPECIFIC STATS</b>	
When to Raise Shoulder Straps:	
<ul style="list-style-type: none"> <li>• Re-thread Harness: <i>Usually when child's shoulders reach next empty slot.</i></li> </ul>	
<ul style="list-style-type: none"> <li>• NO Re-thread Harness: <i>Move headrest (+ shoulder straps) up so shoulder straps are at / just below top of shoulders.</i></li> </ul>	
LATCH connection (maximum child weight = 65 lbs. – weight of car seat, per <a href="#">NHTSA</a> )	
<ul style="list-style-type: none"> <li>• Weight limit for LATCH</li> </ul>	
When to turn forward-facing (no earlier than 2 years, most can go up to 4, per the <a href="#">AAP</a> )	
<ul style="list-style-type: none"> <li>• Height Limit (based on head position) <i>When gap between top of head and top of car seat shell / head restraint is &lt; <u>1</u> inch.</i></li> </ul>	
<ul style="list-style-type: none"> <li>• Weight Limit (<i>although most kids will reach height limit before weight</i>)</li> </ul>	
<ul style="list-style-type: none"> <li>• State limit: If there is a state law, do not switch <u>before</u> state law limit.</li> </ul>	
How are you supposed to clean the car seat?	
Any other details (while it's still fresh in your mind?)	

# FORWARD-FACING SEAT

Make/Model	
Serial # (or take a pic and note here date you took the pic, to help you register)	
<b>SEAT-SPECIFIC STATS</b>	
<b>FORWARD-FACING SEAT</b>	
When to Raise Shoulder Straps/Headrest:	
<ul style="list-style-type: none"> <li>• Straps: <i>When child's shoulders reach the hole where straps coming out, raise straps.</i></li> <li>• Headrest: <i>Raise head rest so that it is just above, but not touching, shoulders</i></li> </ul>	
When to Graduate to Booster:	
(1) Overall height limit	
(2) Height Limit (based on shoulder height: <i>Typically when top of shoulders height is above highest strap slot. Also, when top of ears reaches top of car seat's shell or head restraint</i> )	
(3) Weight Limit (although most children will reach height limit before weight)	
<b>How are you supposed to clean the car seat?</b>	
<b>Any other details (while it's still fresh in your mind?)</b>	